

## Lesson 2: Purity of the Heart

### Verse to memorize:

“Create in me a clean heart, O God; and renew a right spirit within me.”  
Psalm 51:10

Oh, that we might start each day with this psalm of David as our prayer!

To study purity of the heart, let us start by examining what the Lord says about an impure heart.

Look up Titus 2:12, and write it on the lines below:

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In this verse, God is telling us how we should live, by telling us what we should deny (things that are impure), such as “worldly lusts and ungodliness”.

Look up 1 Peter 2:11, and read. What is the Lord telling us to abstain (stay away from) here? \_\_\_\_\_

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Read 1 John 2:15-17. What does God say is not in us if we “love the world and the things that are in the world”? \_\_\_\_\_

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In verse 16, it says that “the lust of the flesh, and the lust of the eyes” is not of the Father, but of the \_\_\_\_\_.

Does this mean that we should love these lusts? \_\_\_\_\_

Why or why not? Use Scripture as the base of your answer.

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### Lesson 3: Defining Lust

In yesterday's lesson, we looked up several verses that told us about the evils of "lust".

Look up the word "lust" in a dictionary, and define below.

Lust -

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Quite a definition, isn't it? We can see why God is telling us to stay away from lusts! In fact, let's look at another verse.

Jesus said, in Matthew 5:28:

"But I say unto you, That whosoever looketh on a woman to lust after her hath committed **adultery** with her already in his heart."

So, as if lust in itself weren't bad enough, now we see that to lust after a woman is just the same in God's eyes as if one had already committed adultery! Just what is adultery - is it really that bad?

Look up the word "adultery" in your dictionary, and define below.

Adultery -

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We can see from this definition that adultery is bad, but let's see what God says about how bad it really is. Look up Exodus 20:14, and write it below.

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Wow! If God had a strong enough opinion of adultery to make one of His ten commandments warn against it, it must be pretty bad! All this because of looking at a woman with lust! Ask the Lord today to help you abstain from lust.